

FOR STUDENTS & PUPILS

Open Minds gives value for money across the curriculum delivering numerous opportunities for learning. Available for a block of sessions across a term, a whole day for a year group or separate 1 hour sessions for each year group from KS1-KS4. Activities can be adapted for different age groups.



Outstanding British Values (EYFS, KS1, KS2)

The new OFSTED framework highlights that pupils' spiritual, moral, social and cultural (SMSC) development and the promotion of fundamental British values must be at the heart of the school's work to achieve 'Outstanding' school status.

- What is a democracy and why is it fair?
- How laws are made, why and who we vote for
- Exploration into issues in class, year group, school and the outside world that pupils are concerned about

- Progression to what influences our opinions
- Embedding the British Values of democracy, liberty, mutual respect, the Rule of Law and tolerance of those of different faiths and beliefs

'Lewis was very vocal when he came home and told me in great deal about the lesson, great teaching on motivating children.' - Parent from the Federation of Eppleby & Middleton Tyas Primary Schools, Yorkshire

Crown The Town & Enterprise (KS2/KS3)

Exciting whole day (or half day introduction) planning, designing and building a new housing development!

- Understand the cost involved in building houses, amenities and facilities needed
- Consider the effect on local environment
- Use speaking & listening skills to collaborate and work as a team, exchange ideas, make compromises and review
- Confidence building, resilience and self-esteem
- Practise numeracy skills and supports financial capability education; budget, cost, profit, percentage, etc.



'A great session enjoyed by all pupils and staff. The children achieved a lot of work and developed a number of skills.' - Phil Nolan, Ysgol Bryn Hedydd, Rhyl, Wales



Learning Treasures (KS2)

- Originally devised to encourage more passive pupils to be involved in decision making, taking the lead and sharing with confidence whilst interacting in group challenges
- 4 to 8 pirate themed sessions (depending on time available)
- Open ended tasks specifically designed to increase independent thought, creativity and imagination
- Scope for further classroom work in literacy, numeracy and history

'What a fabulous afternoon Y5 have had! A real opportunity to look at how we are around others and to learn from them. It was good to see otherwise quieter children having an opportunity to have a say. An excellent and mind opening session!' - Dee Bartholomew, Ysgol Bryn Hedydd, Rhyl, Wales

Orienteering (All ages) Please note - possible 1 day preparation = 2 days cost

- Fulfils OAA of PE curriculum
- No need to travel! Open Minds can design bespoke courses for you using your existing space!
- Clear progression from limiting space and practising basic skills to independent orienteering skills in larger spaces
- Using familiar environments and exploring how much we observe everyday objects
- Develops Well-Being, Mental Health and Self-esteem
- An alternative and adventurous activity for the whole school



'A brilliant day had by all! Thank you so much... we will see you again!' - Stephanie Halliwell, Garrett Hall, Tyldesley, Manchester



Financial Capability (EYFS/KS1/KS2)

- Including physical tasks in partner and group situations
- Establish the differences between wants and needs
- Learn the attitudes, skills and knowledge for economic reality for now and their future
- Exploring values, worth, saving, spending and learning new vocabulary to understand finance

'A great session which showed how maths is part of everyday life, providing tools to encourage pupils to

***think about finances and implications on spending.'* - Michelle Jones, Ysgol Santes Fair, Holyhead, Wales**

Anti-Bullying/Positive Friendships (All ages)

- Promote the whole school approach to the Anti-Bullying Policy
- Promote National Anti-Bullying Week and develop positive friendships
- Develops Well-Being, Mental Health and Self-esteem
- Each activity has a range of questions based on attitudes, perceptions, decisions and conflict management.



***'Very thought provoking activities clearly designed for participants to think deeply about their own actions and reactions. Not an easy thing to do with students who are not used to opening up about their feelings in front of their peers.'* - Richard Trew, Sacred Heart Primary, Leigh, Lancashire**



Debating and Dilemma Skills (KS2/KS3)

- Links to SMSC and British Values using speaking & listening skills
- Prepare for debate and how to present counter arguments successfully
- Practise skills involved in becoming better role models and ambassadors
- Develops Well-Being, Mental Health and Self-esteem
- Explore values, resilience and determination

***'Session raised many issues regarding cohesion or lack of it that has developed over the years. All tasks set could be re-used later or adapted for other year groups.'* - Howard King, Shadsworth School, Blackburn**

Fair Trade (EYFS, KS1, KS2)

- Define what is fair trade and learn about its principles
- Discuss choices about spending relating to fairness and the common good relating fair trade to justice
- Explain the benefits of fair trade and promoting it in the wider school community
- Exploring feelings such as empathy, resilience and courage

'The activities the students were given were very engaging with a great level of challenge. Children got a lot out of the experience thanks to the content and delivery of the session.' - M. Eves, The Keys Federation, Hindley, Wigan



Whole Group Teambuilding (All ages)

- Very popular sessions!
- Fulfils OAA of PE curriculum
- Improves Well-Being and Self-esteem
- Investigate how teams build team spirit
- Practise the skills involved in responsibility, sharing ideas and thinking of others.
- Communication in teamwork
- Can be used for: transition within, from and to Key Stages exploring Role Models, Empathy and

Responsibility, Improving Communications

'I learned a lot about the children as an observer and they learned a lot about themselves and each other. I would definitely recommend Open Minds.' - Joseph Bradbury, KS2 Teacher, Hindley Green CP, Wigan

'Thank you for such an inspiring and motivating workshop with Y8 today! What a fabulous day had by all!' - Gwen Owen, Head of Year and PE, Ysgol Uwchradd Caergybi/Holyhead High School, Wales

Problem Solving Carousel (KS2 to adults)

- Fulfils OAA of PE curriculum
- Improves Well-Being and Self-esteem
- Explore ways of working together and solving problems
- Link work with team skills used in other sports/activities
- Practice following instructions and helping others
- Create opportunities for decision making, creativity and perception
- Can be used for; observation and assessment, Prefect/Monitor selection, start/end of term activity day, transition between years/key stages



'Really enjoyable session in which the children developed beneficial and relevant thinking, communication and team working skills.' - Richard Hatwood, Ysgol Esgob Morgan, St Asaph, Wales

CPD & STAFF TRAINING

Outstanding British Values (Primary staff)

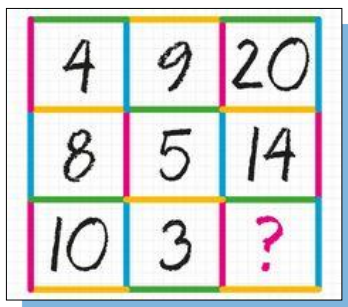
- Explore the meaning and purposes of British Values and where it fits into the curriculum
- How to deliver and enhance the British Values provision in your school
- Ideas and activities that can increase opportunities for the teaching and learning of British Values (and those you are already doing but didn't know it!)
- Resources that are available to support your delivery
- Resources that are available to record and evidence your British Values delivery across your school
- Be prepared for Ofsted questions on British Values and SMSC



The new OFSTED framework highlights that pupils' spiritual, moral, social and cultural (SMSC) development and the promotion of fundamental British values must be at the heart of the school's work to achieve 'Outstanding' school status.

'Excellent coverage of how to develop and ensure British Values is prominent. Link to Ofsted really useful.'

'Trainer was very insightful. Personalised, content underpinned what we were here for! To the point!' - Wigan Catholic Primary Schools Direct NQTs, RQTs and teaching staff



Mathematical Reasoning (Primary staff)

- Understand the importance of reasoning mathematically within the new curriculum
- Understand what reasoning is and where it sits within the problem solving process
- Consider ways of developing and challenging pupils' reasoning skills
- The steps to reasoning
- Effective problem solving strategies and how to introduce them into maths lessons
- How we can explore pupils' reasoning and probe their understanding

Take part in dynamic and physical activities to help gain an understanding of how children see maths and embed enriching learning experiences throughout your school. The course is very interactive with opportunity to discuss and share with peers, giving delegates practical outcomes to take away and use.

'Very informative and really got me thinking about a variety of ways that I can teach reasoning.'

'A very engaging and enjoyable course which was challenging at the same time. I enjoyed thinking at greater depth and problem solving.'

'Lots of ideas and resources that can easily be applied in my Y1 classroom.'

'Very practical activities - kept me engaged. Lesson ideas I will implement. Friendly trainer.' - Wigan Catholic Primary School Direct teaching staff, NQTs and RQTs



Positive Behaviour Reinforcement and Effective Classroom Management (Whole school staff)

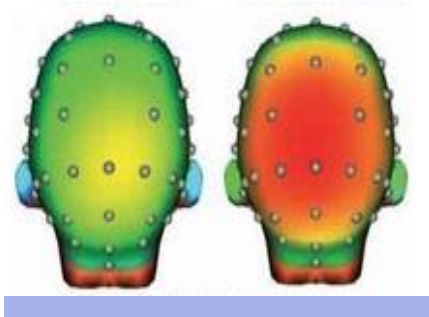
- Explore and agree your class and school's expectations
- Study children's behaviour and the different factors influencing them
- Strategies that encourage opportunities for positive reinforcement
- How to avoid escalations that cause conflict and how to remain focused
- Practice positive language and phrases to avoid
- Have a positive, improved and sustained outcome on pupils' attainment

'Lots of really useful strategies which will really work in my class!'

'I really enjoyed the course. Appropriate for all ages!' - Staff from St Mary's RC School, Holyhead, Wales

Fixed Mindset

Growth Mindset



Growth Mindset - How to use it to benefit you and your learners

- the theory behind and the practicalities of a growth mindset v. a fixed mindset
- learn and develop a growth mindset to be more productive and increase motivation for staff and pupils
- look at the link and benefits of mindset towards success
- how to develop a personal, classroom and whole school growth mindset with practical activities and examples
- test their own current mindset and learn how to develop and maintain a growth mindset

'Outstanding and very informative. A great place to start in understanding Growth Mindset from a beginner's point of view. Has really helped me look at potential and flexibility in the classroom.' - Charles Staincliffe, Curriculum Lead, Newton International School, Dohar, Qatar

Lunchtime / SMSA Training in Primary Schools

- Understanding children's behaviour
- How schools manage behaviour - approaches schools can take
- How to interact well with children
- Successful management strategies of children who are emotional or angry
- Examples of games that can be played to foster pupil interaction and responsibility

'Really thankful I took this course. It's given me lots of ideas and the confidence to make a positive impact at my school.'

'Many things I now know will help me deal with difficult and challenging situations during lunch hour and I'll keep having fun!' - Staff who attended this course



Teambuilding for Staff & Adults

- Ideal for staff INSET!
- Ideas and activities to enthuse and energise staff
- Develops Well-Being, Mental Health and Self-esteem
- Useful as a taster session to show the above Whole Group Teambuilding Workshop and Problem Solving Carousel sessions
- Can be adapted by teachers/supervisors to improve existing skills in teambuilding, communication and interaction with pupils

'An excellent CPD session which will have a positive impact on practice in developing attitudes for learning.' - Deputy Headteacher, The Federation of Eppleby & Middleton Tyas Primary Schools, Yorkshire

'Helped to get to know those not often worked with. Super ideas to use with all ranges of students. Lots of giggling and full of energy!' - Michelle Thornley, St Saviour CE, Bolton

'I really felt the teambuilding session was remarkable. I feel the cadets learnt some valuable insight into achieving a common goal and also a flavour of their own capabilities. Michael, in short, was a very worthwhile element to the training.' - Sgt L. Robinson, Wiltshire Police Cadets

PE & OAA - How to deliver successful Outdoor & Adventurous Activities using your own site

- For KS2 and KS3 PE co-ordinators and teachers
- Practical ideas showing how to deliver effective OAA lessons whilst making the most use of your own site
- Fulfils OAA of PE curriculum
- Lots of ideas for you to design your own Scheme of Work throughout the school
- All activities are currently used in schools successfully and can be adapted appropriately



'Very well delivered, opportunity for input was fantastic. I would recommend this course to anyone. By far the best course I have been on. Really fun and engaging!' - Andy Heald, Chair - CIMSPA Community (Chartered Institute for the Management of Sport and Physical Activity)

What is the cost?

Open Minds is aware that every educational institute works on a tight budget and we take pride in guaranteeing a quality learning experience for your money. You can decide how these sessions are delivered. For example, two groups participate in the morning and another two take part in the afternoon or alternatively, a morning/afternoon/whole day session with one particular group. Discounts are available for block bookings. Records are made of which activities are delivered so participants experience different activities during a repeat booking.

Please note that these prices are based on individual day visits to your location. If an overnight stay is required we will add part of this to the cost and we will inform of the adjustment. Don't worry - we don't go for The Ritz! A 2* bed and breakfast is the usual choice.

One session is approximately 60-90 minutes.

For student activities (based on approx 30 students. For groups larger than 30 price on request.)

Single Activities

Time	Price
Full day booking	£300
Half day booking	£200

Package Activities

Time	Price
Block booking of 4 or more days (per day)	£280
Block booking of 4 or more half days (per day)	£190

For staff teambuilding activities (based on maximum of 30 participants. For groups larger than 30 price on request.)

Single Activities

Time	Price
Full day booking	£320
Half day booking	£250
Twilight/Weekend	£ price on request

Package Activities

Time	Price
Block booking of 2 or more days (per day)	£300
Block booking of 2 or more half days (per day)	£250

For staff CPD training (based on maximum of 30 participants. For groups larger than 30 price on request.)

Single Activities

Time	Price
Full day booking	£410
Half day booking	£310
Twilight	£ price on request

Package Activities

Time	Price
Block booking of 2 or more days (per day)	£380
Block booking of 2 or more half days (per day)	£280

'An open mind leaves a chance for someone to drop a worthwhile thought in it.'

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Open Minds - Testimonials

Please find below a selection of testimonials from staff at many of the schools Open Minds has delivered programmes to.

The children and staff of St Mary's School have thoroughly enjoyed working with Michael this year. He has run workshops throughout the school on a wide range of topics.

I have known Michael for over 20 years and he is a consummate professional. He works with the school to ensure the best possible delivery of his interactive, thought-provoking and highly educational workshops. He does this by sending his planning out to schools well in advance ensuring that what he wants to do is relevant to the school and the children. He also has a very natural style with the children and has an uncanny knack of remembering their names quickly!

The children loved their time with him and can't wait until the next time.

Michael has also spent the day leading an INSET with our LSAs focusing on Positive reinforcement and behaviour management. The staff really enjoyed their day (even the cold due to the school heating system being broken didn't dampen their enthusiasm).

Some of the feedback includes:

"Lots of really useful strategies which will really work in nursery/reception!"

"I really enjoyed the course."

"I picked up on things like 'Star of the Day' and 'the bank', where children get a money stamp as a reward, add them up and trade them in for rewards!"

We are currently looking at the diary to bring him back to lead the same INSET with the rest of the staff.

I have no hesitation whatsoever in recommending Michael and Open Minds to any school be it workshops with the children or leading INSET days with staff.

- *Mr Richard Jones, Headteacher, St Mary's RC Primary, Holyhead*

Dear colleague,

We would like to recommend Open Minds to you and your colleagues. At the beginning of this academic year we had several new staff starting at our school and we wanted a Teambuilding INSET Day.

Mike came along and provided us with a really fun filled session which ensured the staff worked as teams to solve an array of problems. Mike had a relaxed friendly style with all the group yet remained professional throughout the session. All staff were motivated and the various activities allowed them to develop their own skills and identify the strengths of others. The staff of the school started the new term with great energy!

We have also taken the ideas from Open Minds and integrated them into the curriculum to continue to build on the Open Minds day.

The children have really responded to the activities and Mike has always been available for advice on how to further develop ideas for the future of our school.

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Mrs Helen Ahmed, Headteacher, Sacred Heart, Leigh, Lancs

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I have been using Open Minds since 2012 for a variety of successful team building exercises for pupils. The feedback forms from staff have always been glowing in their praise for strategies used with the children. I have found that Open Minds provides two main advantages for the school. The first being the use of successful team building strategies for the children that they can use in other areas of their school life. The second (and perhaps most useful), is the transfer of skills from Michael to the Teachers and Teaching Assistants who assist during the sessions. This has had a lasting impression on most of the staff who have been part of the training and I regularly observe the strategies used by staff in a variety of settings.

In fact, I have found this so effective that I have booked Open Minds to take a staff training event for Teachers and Teaching Assistants dealing with Positive Reinforcement techniques.

I have no hesitation in recommending Open Minds.

- *Mr Huw T. Jones, Heateacher, Ysgol Nant Y Groes, Colwyn Bay*

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Mike has been into St Benedict's on a number of occasions working with groups and whole classes on problem solving and team development exercises. The children and staff gained a great deal from the programme including perseverance, working as a team, logical thinking as well as having a great time.

We had OFSTED during Mike's last visit and it went a long way to securing our Outstanding Behaviour grade as they could see the children working together and collaborating in teams.

I would highly recommend Mike working in your school - he is very professional and has a great rapport with staff and children.

- *Mrs. Janice Taberner, Headteacher, St Benedict's, Hindley*

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As a teacher, it is also very useful to have the opportunity to observe the children doing the activities and how they interact.

Instructions are clear, the children are often hands-on in an activity very quickly and there's great pace between activities.

Often the sessions highlight teaching points which can be developed back in the class. It is always helpful to reference the sessions with Mike. This week he said *'It's not always about your idea, sometimes you have to give it up and follow someone else's'*. I can see myself referring to this with a group of competitive children.

The delivery is excellent. Plans are provided but flexibility is also evident depending on the needs of the day. Mike is always in control and the children show a high level of respect; he has built up a good reputation and relationship over a short period of time. Children tend to be much better at taking turns and listening to each other's opinions after teambuilding sessions.

Mike is always happy to discuss the sessions and gives good feedback, often sharing ideas for after he has gone.

I would definitely recommend Open Minds to other schools as the children are always engaged and enjoy the sessions. The activities are always tailored to our children. Mike is very good at delivering the sessions and always has excellent behaviour control. Overall the sessions give children skills which they can continue to use in class and life.

- *Mr. Tom Judd, Middleton Tyas CE Primary, Richmond, Yorkshire*